

SAFETY DATA SHEET

In accordance with REACH Regulation EC No.1907/2006

Product: Nutmeg Essential Oil

Version: 1

Section 1. Identification of the substance or the mixture and of the supplier

1.1 Product Identifier

Product identifier: Nutmeg Essential Oil (Contains:4-Carvomenthenol, Sabinene, Safrole, alpha-Pinenes, gamma-Terpinene)

Other identifiers: Biological Definition: Myristica Fragrans Fruit Oil (Nutmeg) is an essential oil steam-distilled from the dried kernels of the ripe seeds of the Nutmeg, Myristica Fragrans Kernel.
CAS NO: 84082-68-8
EC NO: 282-013-3
EINECS NO: 282-013-3

1.2 Relevant identified uses of the substance of mixture and uses advised against

Product uses: Essential Oil

1.3 Details of the supplier of the safety data sheet

Company name: Freshskin Beauty Ltd

Company address: Grant House
Grant Street
Nottingham
NG7 3GS

Contact: Sam Andrew

E-Mail address: info@freshskin.co.uk

Company phone: 0115 8470585

1.4 Emergency telephone number

Emergency phone: 0115 8470585

Section 2. Hazards identification

2.1 Classification of the substance or mixture

Classification under Regulation (EC) No 1272/2008

Class and category of danger: Flammable Liquid, Hazard Category 3
Acute Toxicity - Oral Category 4
Skin Corrosion / Irritation Category 2
Eye Damage / Irritation Category 2
Sensitization - Skin Category 1
Germ Cell Mutagenicity Category 2
Carcinogenicity Category 1B
Toxic to Reproduction Category 2
Aspiration Hazard Category 1
Hazardous to the Aquatic Environment - Acute Hazard Category 1
Hazardous to the Aquatic Environment - Long-term Hazard Category 1
H226, Flammable liquid and vapour.

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Class and category of danger: H302, Harmful if swallowed.
 H304, May be fatal if swallowed and enters airways.
 H315, Causes skin irritation.
 H317, May cause an allergic skin reaction.
 H319, Causes serious eye irritation.
 H341, Suspected of causing genetic defects (exposure route).
 H350, May cause cancer (exposure route).
 H361, Suspected of damaging fertility or the unborn child (exposure route).
 H410, Very toxic to aquatic life with long lasting effects.

2.2 Label elements

Classification under Regulation (EC) No 1272/2008

Signal word: Danger

Hazard statements: H226, Flammable liquid and vapour.
 H302, Harmful if swallowed.
 H304, May be fatal if swallowed and enters airways.
 H315, Causes skin irritation.
 H317, May cause an allergic skin reaction.
 H319, Causes serious eye irritation.
 H341, Suspected of causing genetic defects (exposure route).
 H350, May cause cancer (exposure route).
 H361, Suspected of damaging fertility or the unborn child (exposure route).
 H410, Very toxic to aquatic life with long lasting effects.

Supplemental Information: EUH208, Contains Alpha-Thujene, Limonene, Terpinolene, beta-Pinenes, delta-3-Carene. May produce an allergic reaction.

Precautionary statements: P210, Keep away from heat, sparks, open flames and hot surfaces. - No smoking.
 P233, Keep container tightly closed.
 P240, Ground/bond container and receiving equipment.
 P241, Use explosion-proof electrical, ventilating and lighting equipment.
 P242, Use only non-sparking tools.
 P243, Take precautionary measures against static discharge.
 P261, Avoid breathing vapour or dust.
 P264, Wash hands and other contacted skin thoroughly after handling.
 P270, Do not eat, drink or smoke when using this product.
 P272, Contaminated work clothing should not be allowed out of the workplace.
 P273, Avoid release to the environment.
 P280, Wear protective gloves/eye protection/face protection.
 P301/310, IF SWALLOWED: Immediately call a POISON CENTER or doctor/physician.
 P303/361/353, IF ON SKIN (or hair): Remove/take off immediately all contaminated clothing. Rinse skin with water/shower.

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P305/351/338, IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
 P308/313, IF exposed or concerned: Get medical advice/attention.
 P330, Rinse mouth.
 P331, Do not induce vomiting.
 P333/313, If skin irritation or rash occurs: Get medical advice/attention.
 P337/313, If eye irritation persists: Get medical advice/attention.
 P362, Take off contaminated clothing and wash before reuse.
 P370/378, In case of fire: Use carbon dioxide, dry chemical, foam for extinction.
 P391, Collect spillage.
 P403/235, Store in a well-ventilated place. Keep cool.
 P405, Store locked up.
 P501, Dispose of contents/container to approved disposal site, in accordance with local regulations.
 P202, Do not handle until all safety precautions have been read and understood.

Pictograms:



2.3 Other hazards

Other hazards: Hydrocarbon Concentration %: 99.9770%

Section 3. Composition / information on ingredients

3.2 Mixtures

Contains:

Name	CAS	EC	REACH Registration No.	%	Classification for (CLP) 1272/2008
Sabinene	3387-41-5	222-212-4		20-<50%	Flam. Liq. 3-Asp. Tox 1;H226-H304,-
alpha-Pinenes	80-56-8	201-291-9		10-<20%	Flam. Liq. 3-Acute Tox. 4-Skin Irrit. 2-Skin Sens. 1B-Asp. Tox 1-Aquatic Acute 1-Aquatic Chronic 1; H226-H302-H304-H315-H317-H410,-
beta-Pinenes	127-91-3	204-872-5		10-<20%	Flam. Liq. 3-Skin Irrit. 2-Skin Sens. 1B-Asp. Tox 1-Aquatic Acute 1-Aquatic Chronic 1; H226-H304-H315-H317-H410,-

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4-Carvomenthenol	562-74-3	209-235-5		5-<10%	Acute Tox. 4-Skin Irrit. 2-Eye Irrit. 2;H302-H315-H319,-
gamma-Terpinene	99-85-4	202-794-6		5-<10%	Flam. Liq. 3-Repr. 2- Asp. Tox 1;H226-H304-H361,-
Limonene	5989-27-5	227-813-5		5-<10%	Flam. Liq. 3-Skin Irrit. 2-Skin Sens. 1B-Asp. Tox 1-Aquatic Acute 1-Aquatic Chronic 1; H226-H304-H315-H317-H410,-
alpha-Terpinene	99-86-5	202-795-1		1-<5%	Flam. Liq. 3-Acute Tox. 4-Asp. Tox 1-Aquatic Chronic 2;H226-H302-H304-H411,-
alpha-Phellandrene	99-83-2	202-792-5		1-<5%	Flam. Liq. 3-Asp. Tox 1;H226-H304,-
Myrcene	123-35-3	204-622-5		1-<5%	Flam. Liq. 3-Skin Irrit. 2-Eye Irrit. 2-Asp. Tox 1-Aquatic Acute 1-Aquatic Chronic 2; H226-H304-H315-H319-H400-H411,-
Terpinolene	586-62-9	209-578-0		1-<5%	Skin Sens. 1B-Asp. Tox 1-Aquatic Acute 1-Aquatic Chronic 1; H304-H317-H400-H410,-
p-Cymene	99-87-6	202-796-7		1-<5%	Flam. Liq. 3-Repr. 2- Asp. Tox 1-Aquatic Chronic 2;H226-H304-H361-H411,-
delta-3-Carene	13466-78-9	236-719-3		1-<5%	Flam. Liq. 3-Acute Tox. 4-Skin Irrit. 2-Skin Sens. 1-Asp. Tox 1-Aquatic Acute 1-Aquatic Chronic 1; H226-H304-H315-H317-H332-H410,-
Alpha-Thujene	220-686-7	2867-05-2		1-<5%	Flam. Liq. 3-Acute Tox. 4-Skin Sens. 1B-Aquatic Chronic 2; H226-H302-H317-H411,-
Safrole	94-59-7	202-345-4		1-<5%	Acute Tox. 4-Muta. 2-Carc. 1B;H302-H341-H350,-
Eugenyl methyl ether	93-15-2	202-223-0		0.1-<1%	Acute Tox. 4-Muta. 2-Carc. 2;H302-H341-H351,-

Substances with Community workplace exposure limits:

Not Applicable

Substances that are persistent, bioaccumulative and toxic or very persistent and very bioaccumulative, greater than 0.1%:

Not Applicable

Section 4. First-aid measures

4.1 Description of first aid measures

Inhalation: Remove from exposure site to fresh air, keep at rest, and obtain medical attention.

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Eye exposure: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.

Skin exposure: IF ON SKIN (or hair): Remove/take off immediately all contaminated clothing. Rinse skin with water/shower.

Ingestion: IF SWALLOWED: Immediately call a POISON CENTER or doctor/physician.

4.2 Most important symptoms and effects, both acute and delayed

Harmful if swallowed.

May be fatal if swallowed and enters airways.

Causes skin irritation.

May cause an allergic skin reaction.

Causes serious eye irritation.

Suspected of causing genetic defects (exposure route).

May cause cancer (exposure route).

Suspected of damaging fertility or the unborn child (exposure route).

4.3 Indication of any immediate medical attention and special treatment needed

None expected, see Section 4.1 for further information.

SECTION 5: Firefighting measures

5.1 Extinguishing media

Suitable media: Carbon dioxide, Dry chemical, Foam.

5.2 Special hazards arising from the substance or mixture

In case of fire, may be liberated: Carbon monoxide, Unidentified organic compounds.

5.3 Advice for fire fighters:

In case of insufficient ventilation, wear suitable respiratory equipment.

Section 6. Accidental release measures

6.1 Personal precautions, protective equipment and emergency procedures:

Avoid inhalation. Avoid contact with skin and eyes. See protective measures under Section 7 and 8.

6.2 Environmental precautions:

Keep away from drains, surface and ground water, and soil.

6.3 Methods and material for containment and cleaning up:

Remove ignition sources. Provide adequate ventilation. Avoid excessive inhalation of vapours. Contain spillage immediately by use of sand or inert powder. Dispose of according to local regulations.

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6.4 Reference to other sections:

Also refer to sections 8 and 13.

Section 7. Handling and storage

7.1 Precautions for safe handling:

Keep away from heat, sparks, open flames and hot surfaces. - No smoking.

Do not eat, drink or smoke when using this product.

7.2 Conditions for safe storage, including any incompatibilities:

Ground/bond container and receiving equipment.

Use only non-sparking tools.

Take precautionary measures against static discharge.

7.3 Specific end use(s):

Essential Oil: Use in accordance with good manufacturing and industrial hygiene practices.

Section 8. Exposure controls/personal protection

8.1 Control parameters

Workplace exposure limits: Not Applicable

8.2 Exposure Controls

Eye / Skin Protection

Wear protective gloves/eye protection/face protection

Respiratory Protection

Under normal conditions of use and where adequate ventilation is available to prevent build up of excessive vapour, this material should not require special engineering controls. However, in conditions of high or prolonged use, or high temperature or other conditions which increase exposure, the following engineering controls can be used to minimise exposure to personnel: a) Increase ventilation of the area with local exhaust ventilation. b) Personnel can use an approved, appropriately fitted respirator with organic vapour cartridge or canisters and particulate filters. c) Use closed systems for transferring and processing this material.

Also refer to Sections 2 and 7.

Section 9. Physical and chemical properties

9.1 Information on basic physical and chemical properties

Appearance:	Liquid
	Colour: Pale Yellow
Odour:	Characteristic
Odour threshold:	Not determined

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pH:	Not determined
Melting point / freezing point:	Not determined
Initial boiling point / range:	Not determined
Flash point:	36 °C
Evaporation rate:	Not determined
Flammability (solid, gas):	Not determined
Upper/lower flammability or explosive limits:	Product does not present an explosion hazard
Vapour pressure:	Not determined
Vapour density:	Not determined
Relative density:	0.880 - 0.910
Solubility(ies):	Insoluble in water.
Partition coefficient: n-octanol/water:	Not determined
Auto-ignition temperature:	Not determined
Decomposition temperature:	Not determined
Viscosity:	Not determined
Explosive properties:	Not expected Not
Oxidising properties:	expected

9.2 Other information: None available

Section 10. Stability and reactivity

10.1 Reactivity:

Presents no significant reactivity hazard, by itself or in contact with water.

10.2 Chemical stability:

Good stability under normal storage conditions.

10.3 Possibility of hazardous reactions:

Not expected under normal conditions of use.

10.4 Conditions to avoid:

Avoid extreme heat.

10.5 Incompatible materials:

Avoid contact with strong acids, alkalis or oxidising agents.

10.6 Hazardous decomposition products:

Not expected.

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Section 11. Toxicological information

11.1 Information on toxicological effects

This mixture has not been tested as a whole for health effects. The health effects have been calculated using the methods outlined in Regulation (EC) No 1272/2008 (CLP).

Acute Toxicity:	Acute Toxicity - Oral Category 4
Acute Toxicity Oral	1584
Acute Toxicity Dermal	>5000
Acute Toxicity Inhalation	Not Available
Skin corrosion/irritation:	Skin Corrosion / Irritation Category 2
Serious eye damage/irritation:	Eye Damage / Irritation Category 2
Respiratory or skin sensitisation:	Sensitization - Skin Category 1
Germ cell mutagenicity:	Germ Cell Mutagenicity Category 2
Carcinogenicity:	Carcinogenicity Category 1B
Reproductive toxicity:	Toxic to Reproduction Category 2
STOT-single exposure:	Based on available data the classification criteria are not met.
STOT-repeated exposure:	Based on available data the classification criteria are not met.
Aspiration hazard:	Aspiration Hazard Category 1

Information about hazardous ingredients in the mixture

Ingredient	CAS	EC	LD50/ATE Oral	LD50/ATE Dermal	LC50/ATE Inhalation	LC50 Route
4-Carvomenthenol	562-74-3	209-235-5	1300	2500	Not available	Not available
Alpha-Thujene	220-686-7	2867-05-2	500	Not available	Not available	Not available
Safrole	94-59-7	202-345-4	1950	Not available	Not available	Not available
alpha-Pinenes	80-56-8	201-291-9	500	Not available	Not available	Not available
alpha-Terpinene	99-86-5	202-795-1	1680	Not available	Not available	Not available
delta-3-Carene	13466-78-9	236-719-3	4800	Not available	11	Dust/mist mg/l

Refer to Sections 2 and 3 for additional information.

Section 12. Ecological information

12.1 Toxicity:

Very toxic to aquatic life with long lasting effects.

12.2 Persistence and degradability: Not available

12.3 Bioaccumulative potential: Not available

12.4 Mobility in soil: Not available

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12.5 Results of PBT and vPvB assessment:

This substance does not meet the PBT/vPvB criteria of REACH, annex XIII.

12.6 Other adverse effects: Not available

Section 13. Disposal considerations

13.1 Waste treatment methods:

Dispose of in accordance with local regulations. Avoid disposing into drainage systems and into the environment. Empty containers should be taken to an approved waste handling site for recycling or disposal.

Section 14. Transport information

14.1 UN number: UN1993
14.2 UN Proper Shipping Name: FLAMMABLE LIQUID, N.O.S. (Sabinene, alpha-Pinenes)
14.3 Transport hazard class(es): 3
Sub Risk: -
14.4. Packing Group: III
14.5 Environmental hazards: This is an environmentally hazardous substance.
14.6 Special precautions for user: None additional
14.7 Transport in bulk according to Annex II of MARPOL73/78 and the IBC Code:

Not applicable

Section 15. Regulatory information

15.1 Safety, health and environmental regulations/legislation specific for the substance or mixture
 None additional

15.2 Chemical Safety Assessment

A Chemical Safety Assessment has not been carried out for this product.

Section 16. Other information

Concentration % Limits: EH A1=45.47% EH C1=50.01% EH C2=4.81% EH C3=0.48088760% EH C4=35.73% SCI 2=16.67% EDI 2=66.68% SS 1=5.56% MUT 2=52.08% CAR 1B=5.21% REP 2=37.50% AH 1=10.00%

Total Fractional Values: EH A1=2.20 EH C1=2.00 EH C2=20.79 EH C3=207.95 EH C4=2.80 SCI 2=6.00 EDI 2=1.50 SS 1=18.00 MUT 2=1.92 CAR 1B=19.20 REP 2=2.67 AH 1=10.00

Key to revisions:

Not applicable

Key to abbreviations:

Abbreviation	Meaning
Acute Tox. 4	Acute Toxicity - Oral Category 4
Acute Tox. 4	Acute Toxicity - Inhalation Category 4

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Aquatic Acute 1	Hazardous to the Aquatic Environment - Acute Hazard Category 1
Aquatic Chronic 1	Hazardous to the Aquatic Environment - Long-term Hazard Category 1
Aquatic Chronic 2	Hazardous to the Aquatic Environment - Long-term Hazard Category 2
Asp. Tox 1	Aspiration Hazard Category 1
Carc. 1B	Carcinogenicity Category 1B
Carc. 2	Carcinogenicity Category 2
Eye Irrit. 2	Eye Damage / Irritation Category 2
Flam. Liq. 3	Flammable Liquid, Hazard Category 3
H226	Flammable liquid and vapour.
H302	Harmful if swallowed.
H304	May be fatal if swallowed and enters airways.
H315	Causes skin irritation.
H317	May cause an allergic skin reaction.
H319	Causes serious eye irritation.
H332	Harmful if inhaled.
H341	Suspected of causing genetic defects (exposure route).
H350	May cause cancer (exposure route).
H351	Suspected of causing cancer (exposure route).
H361	Suspected of damaging fertility or the unborn child (exposure route).
H400	Very toxic to aquatic life.
H410	Very toxic to aquatic life with long lasting effects.
H411	Toxic to aquatic life with long lasting effects.
Muta. 2	Germ Cell Mutagenicity Category 2
P210	Keep away from heat, sparks, open flames and hot surfaces. - No smoking.
P233	Keep container tightly closed.
P240	Ground/bond container and receiving equipment.
P241	Use explosion-proof electrical, ventilating and lighting equipment.
P242	Use only non-sparking tools.
P243	Take precautionary measures against static discharge.
P261	Avoid breathing vapour or dust.
P264	Wash hands and other contacted skin thoroughly after handling.
P270	Do not eat, drink or smoke when using this product.
P271	Use only outdoors or in a well-ventilated area.
P272	Contaminated work clothing should not be allowed out of the workplace.
P273	Avoid release to the environment.
P280	Wear protective gloves/eye protection/face protection.
P281	Use personal protective equipment as required.
P301/310	IF SWALLOWED: Immediately call a POISON CENTER or doctor/physician.
P301/312	IF SWALLOWED: call a POISON CENTER or doctor/physician if you feel unwell.
P302/352	IF ON SKIN: Wash with plenty of soap and water.
P303/361/353	IF ON SKIN (or hair): Remove/take off immediately all contaminated clothing. Rinse skin with water/shower.
P304/340	IF INHALED: Remove victim to fresh air and keep at rest in a position comfortable for breathing.

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P305/351/338	IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
P308/313	IF exposed or concerned: Get medical advice/attention.
P312	Call a POISON CENTRE or doctor/physician if you feel unwell.
P330	Rinse mouth.
P331	Do not induce vomiting.
P332/313	If skin irritation occurs: Get medical advice/attention.
P333/313	If skin irritation or rash occurs: Get medical advice/attention.
P337/313	If eye irritation persists: Get medical advice/attention.
P362	Take off contaminated clothing and wash before reuse.
P363	Wash contaminated clothing before reuse.
P370/378	In case of fire: Use carbon dioxide, dry chemical, foam for extinction.
P391	Collect spillage.
P403/235	Store in a well-ventilated place. Keep cool.
P405	Store locked up.
P501	Dispose of contents/container to approved disposal site, in accordance with local regulations.
Repr. 2	Toxic to Reproduction Category 2
Skin Irrit. 2	Skin Corrosion / Irritation Category 2
Skin Sens. 1	Sensitization - Skin Category 1
Skin Sens. 1B	Sensitization - Skin Category 1B

The information in this safety data sheet is to the best of our knowledge true and accurate but all data, instructions, recommendations and/or suggestions are made without guarantee.